

Prayer: 10 Questions

- 10) Are prayers effective?
- 9) What is Jewish meditation?
- 8) Can praying help me “let go?”
- 7) Can praying make me happier?
- 6) Can prayer help me be more “present?”
- 5) Why do we need to pray with a group?
- 4) Why do we need specific words to pray?
- 3) Can prayer give me a greater sense of purpose?
- 2) If I pray for something I want, am I being selfish?
- 1) Is there a way to make the prayer book more user-friendly?

“With All My Heart”

A 6-Part Series on the Art of Jewish prayer and meditation

Begins

Tuesday, May 14, 7:00pm

At the

Chabad Jewish Center

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